High Contrast Cot Mobile

Key skills

- Encourages tracking and eye movement
- Calming and not overstimulating for small babies
- Enhances visual stimulation with high contrast design

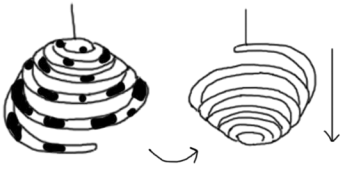
Pro tip

High contrast images supported with slow movement helps babies focus on one thing at a time instead of looking all over the place at once, which is good for their brain development

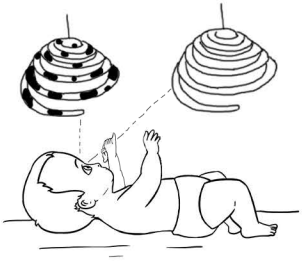
Many ways to play

Start with a mobile that has simple black and white patterns on it.

Once your child has mastered the black and white pattern, it's time to move onto colour! Change the directions where its hung to increase the range of visual lateral skills.



-Hang it vertically so your child has to look at it from above
- Hang it horizontally so your child has to look at it from below
- Hang it at an angle so your child has to look at it from either side



Have more queires about ways to play ?... reach out to us .
Write in at contactus@nintods.com

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